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Monday, November 28, 2016 metro.us | t: MetroBOS | f: MetroBoston

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December 1

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1. What did Donald Trump's campaign manager tell him about considering former Massachusetts Gov. Mitt Romney for a cabinet post?

2. How many wins have the Dolphins earned in a row?

3. What percentage of Americans will spend at least some of the weekend between Thanksgiving and Cyber Monday shopping?

3 things you need to know

ADVISER WARNS TRUMP NOT TO PICK ROMNEY FOR SECRETARY OF STATE

An internal dispute among Donald Trump's advisers broke out into the open when his campaign manager warned that the president-elect could face an intense backlash from supporters if he chose Mitt Romney to be his secretary of state. Trump has been weighing whether to pick Romney, the 2012 Republican presidential nominee who spent much of the past year criticizing Trump, or former New York City mayor Rudy Giuliani, who backed the real-estate mogul's insurgent presidential run. Giuliani would fit with the other loyalists and conservative hardliners that Trump has picked to fill out his administration so far, but he has drawn criticism for working as a consultant to foreign governments. REUTERS

ONE DEAD, NINE WOUNDED IN NEW ORLEANS BOURBON ST. SHOOTING

2 A shooting in New Orleans' Bourbon Street tourist quarter killed one man and wounded nine other people early on Sunday, and police have arrested two people on weapons charges, authorities said. Dozens of officers who responded to reports of gunfire at about 1:30 a.m. found people aged between 20 and 37 wounded at the scene. Ambulances took the victims to hospitals, where one man died. Another victim was taken to a hospital by a private vehicle, the statement said. The victims were eight men and two women, and the cause of the incident is under investigation. Officers arrested two people at the scene on weapons charges, including one who was wounded. The shooting took place as New Orleans has deployed extra police patrols during the Bayou Classic weekend, which features a football game between Grambling State and Southern universities. REUTERS

THANKSGIVING, BLACK FRIDAY STORE SALES FALL, ONLINE RISES

3 Sales and traffic at U.S. brick-and-mortar stores on Thanksgiving Day and Black Friday declined from last year, as stores offered discounts well beyond the weekend and more customers shopped online. Internet sales rose in the double digits on both days, surpassing $3 billion for the first time on Black Friday, according to data. Data from analytics firm RetailNext showed net sales at brick-and-mortar stores fell 5.0 percent over the two days, while the number of transactions fell 7.9 percent. Preliminary data from retail research firm ShopperTrak showed that shopper visits to such stores fell a combined 1 percent during Thanksgiving and Black Friday when compared with the same days in 2015. REUTERS

GETTY IMAGES

ANY SIGNS OF SNOW AHEAD?

Bolaris' Weather Watch

JOHN BOLARIS
@weathersavior

I hope everyone had a chance to enjoy their holiday. Now we start the countdown to the next round of holidays, Christmas, Hanukkah, and I can't believe I'm already mentioning this, but New Year's Eve.

Digest that as you digest Grandma's leftovers, or whoever was "lucky" enough to do most of the cooking.

Let's start with this week. Obviously, your Monday is nice and dry with a decent amount of sunshine stretching all along the northeast corridor.

You will definitely need to grab the rain gear for the mid-week period as a series of storm systems, packing quite a bit of much-needed rain (the Northeast is still in drought conditions), will impact the entire region starting on Tuesday. For the most part, the rain should end Wednesday night in Philadelphia, but continue through Thursday morning in New York City and Boston, with average amounts of rain between 2-3 inches by the time it's all said and done on Thursday. The rain will come down heavy at times for Tuesday and Wednesday, along with gusty winds, but temperatures will be on the mild side as moist, southerly winds push the mercury into the 50s and 60s.

We are looking for a return to dry weather, along with a blustery chill, as we move into the weekend. Temperatures by day are expected to hover in the 40s and nighttime lows will dip into the 20s and 30s.

Long-range computer models are signaling a significant atmospheric shift toward much colder temperatures with a potential storm developing for the time frame of Dec. 10-13 for the East Coast.

Early indications suggest an arctic shot will arrive around the start of the weekend of Dec. 10. This will happen on the heels of a storm that should move across central New England and possibly bring mountain snow.

After that, a storm system could start to take shape in the Gulf of Mexico and try to skirt up the East Coast, possibly bringing significant wet snow — even in the major cities.

Now we all know it's way too early to forecast with any degree of confidence this far in advance, but it is a sign that winter will be knocking on our door by the middle of December — just something to tuck away in the back of your mind.

Boston

Today: Sunny, chilly, High 46.

Tuesday: Afternoon rain, High 45.

Wednesday: Evening rain, High 48.

Thursday: Rain ends by noon, High 54.

Friday: Sunny, High 47.

Saturday: Blustery, chilly, High 44.

Sunday: Chilly, High 44.

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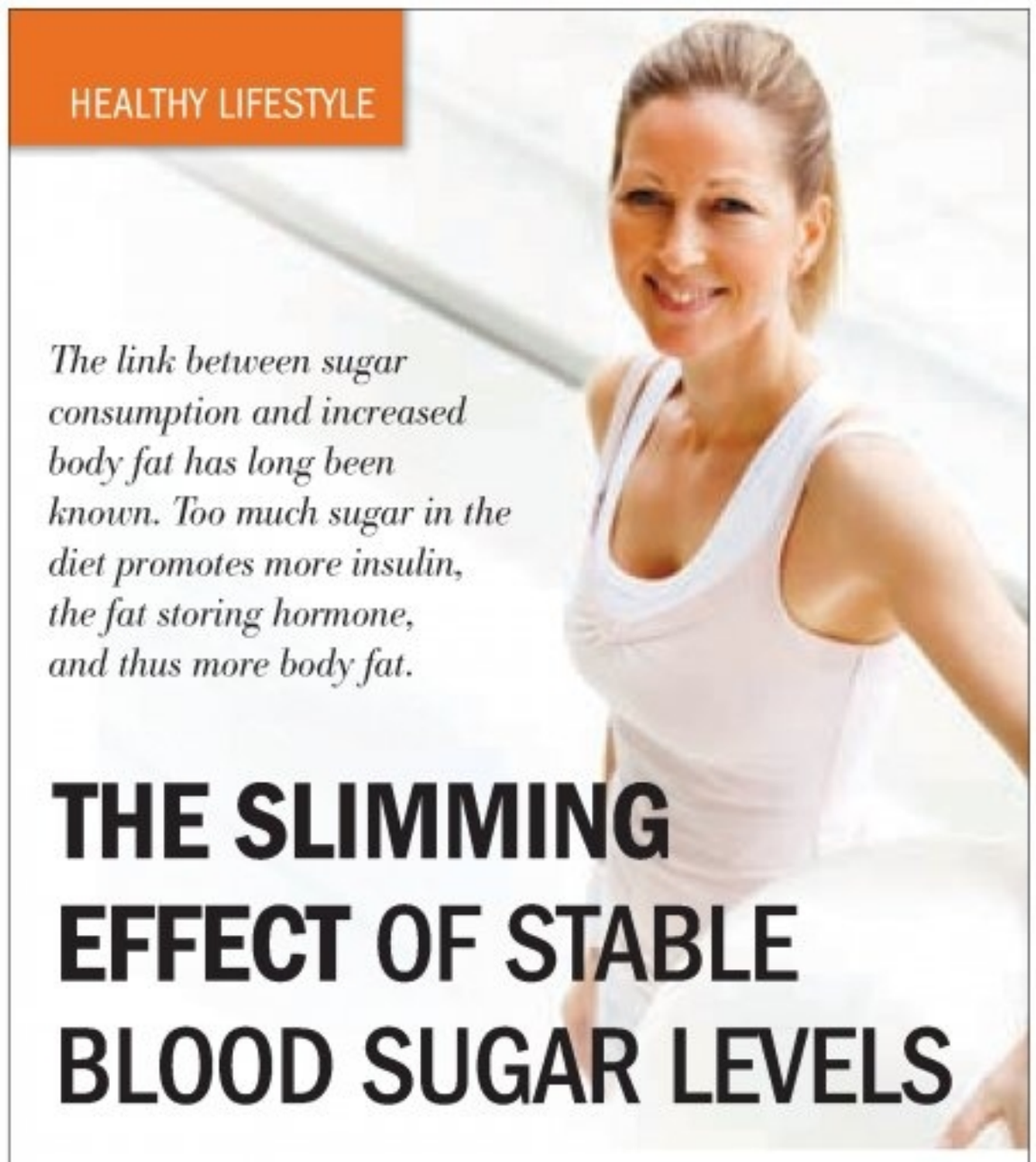

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THE SLIMMING EFFECT OF STABLE BLOOD SUGAR LEVELS

Recently an Italian study of a sugar-blocking supplement showed significant weight loss results.[1] The supplement, called Zuccarin™, produced on average 20 pounds of weight loss, in the 90 day study.

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1- "White Mulberry Supplement as Adjuvant Treatment of Obesity", Journal of Biological Regulators and Homeostatics Agents., Vol 28, no.1, 2014.

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Trump adviser fears backlash if Romney added to cabinet

The president-elect is rumored to be considering Mitt Romney for secretary of state.

President-elect Donald Trump, Vice President-elect Mike Pence and Mitt Romney. GETTY IMAGES

An internal dispute among Donald Trump's advisers broke out into the open on Sunday when his campaign manager warned that the president-elect could face an intense backlash from supporters if he chose Mitt Romney to be his secretary of state.

Trump has been weighing whether to pick Romney, the 2012 Republican presidential nominee and former Massachusetts governor who spent much of the past year criticizing Trump, or former New York City mayor Rudy Giuliani, who backed the real-estate mogul's insurgent presidential run.

Giuliani would fit with the other loyalists and conservative hardliners that Trump has picked to fill out his administration so far, but he has drawn criticism for working as a consultant to foreign governments.

Trump could help unite his party and win over skeptical establishment Republicans if he chooses Romney for the post.

Though the debate has largely played out behind closed doors, campaign manager Kellyanne Conway warned that Trump could anger his supporters if he picked Romney, who called him a "fraud" and a "phony" in speeches this year.

"They feel betrayed to think that you can get Romney back in there after everything he did - we don't even know if he voted for Donald Trump. He and his consultants were nothing but awful to Donald Trump for a year," she said on NBC's "Meet the Press."

"I am all for party unity but I am not sure that we have to pay for that with the Secretary of State position," Conway said on CNN.

Conway said she would support Trump if he decided to pick Romney for the position, but other Republicans criticized her for making her case on television, rather than talking to Trump directly.

"Astounding to hear K. Conway, who has the ability to tell Trump privately, trash possibility of Romney as Sec of State publicly," Republican strategist Ana Navarro wrote on Twitter. REUTERS

BRIEF

1 dead, 2 injured in early-morning Boston crash

A 50-year-old Chatham man was killed Sunday when his car flipped over a guardrail on I-93 and slammed into an oncoming vehicle in Dorchester, according to police.

The victim's Volvo left the roadway, struck a guardrail near Exit 14 and went airborne before crashing into a Honda HRV, which was traveling north on Morrissey Boulevard, state police said. The accident occurred just after 12:30 a.m.

A 21-year-old woman and a 24-year-old man in the Honda were both taken to Boston Medical Center with injuries that weren't life-threatening, police said. The driver of the Volvo was pronounced dead at the scene.

The northbound lane of Morrissey Boulevard was closed for five hours while the scene was cleared.

Police have not yet released the identities of the drivers. ERIN TIERNAN

Donate to Metro's Toy Drive

In keeping with the holiday spirit of giving, Metro is once again launching Metro Magic, our annual toy drive for underprivileged children in New York, Boston and Philadelphia.

This year marks the 7th anniversary of the toy drive, which was renamed in memory of the man who oversaw the project for more than four years, Tony Metcalf, Metro's longest-running editor in chief. Mr. Metcalf passed away in 2013 from colon cancer at the age of 50.

Mr. Metcalf lit up every year as he saw the faces of children unwrap their holiday gifts. It is our goal to keep that magic alive.

"Tony felt we should use the size and scale of Metro to help others and he used enormous dedication and force to execute the project and every year make children in need a little happier during the holiday season," said Metro's Chief Executive Officer Yggers Mortensen.

"I am proud to continue this project in honor of Tony and I hope all our readers, suppliers and members of the Metro team will help to make this yet another great Metro Magic year."

Metro has created a wish list at the Target website that readers can access by going to Metro.us and clicking on the Tony's Metro Magic story on the homepage.

From there, just choose the toys you wish to donate, pay online using Target's secure payment system, and your gifts, along with your name attached, will be delivered to Metro's offices in each city.

This season, we hope you will remember the children who will spend the holidays in shelters or who may not have gifts to open. Even one small gift can make a big difference in a child's holiday season.

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3 California mosques receive hateful letters mentioning Trump

Hateful letters sent anonymously to three mosques in California with a warning that President-elect Donald Trump would "cleanse" the United States of Muslims have stirred fears among congregants, a community leader said.

Hussam Ayloush, executive director of the Los Angeles chapter of the Council on American-Islamic Relations, said the letters were identical and were postmarked as being sent from Santa Clarita, just north of Los Angeles.

Ayloush said his group is considering asking the Federal Bureau of Investigation to look into the letters, which he believes were sent to other mosques aside from the three that received them earlier this week.

Long Beach Islamic Center GOOGLE MAPS

Civil rights groups have signaled alarm over attacks targeting minorities, including Muslims, since Republican Trump won the presidential election on Nov. 8. There have also been reports of harassment toward Trump supporters.

The letters were sent earlier this week to the Islamic centers of Long Beach and Claremont in Southern California and to Evergreen Islamic Center in the Northern California city of San Jose, Ayloush said.

They are signed anonymously as "Americans for a Better Way" and say that Trump would "cleanse America and make it shine again" and would carry out a genocide against Muslims.

"You Muslims would be wise to pack your bags and get out of Dodge," the letter said.

Ayloush said he has counseled the three mosques to work with their local police departments to have the letters investigated as hate crimes.

The San Jose Police Department in a statement said that, following a report about the letter, it sent officers to Evergreen Islamic Center on Thursday and that a unit that handles hate crime investigations will conduct the probe. REUTERS

HOLIDAY HAVOC

The Trump transition is proving to be just as unpredictable as his campaign. Even seasoned political pros have no idea what to expect, and yet I bravely forge on with my three predictions for this week in politics.

1. "HAVE YOU LOOKED IN THAT CABINET?" So far the president-elect's preferences for his cabinet and close advisors are all over the map. Some are from inside government, some from outside. Some are his friends, some his foes. The puzzle pieces of the Trump administration are slowly filling in but watch the diversity. He's picked a few women for key roles — if he keeps doing that and expanding minority participation he could deflect some of the sharpest attacks from Democrats who have been suggesting his White House will be too white and too male.

2. BURNING DOWN THE HOUSE: Speaking of the Democrats, they're still no closer to a settled strategy for moving forward after the pounding they took in the election. The left wing of the party wants to head one way (uh … to the left), others want a more centrist tack and still others are just trying to get everyone pulling in the same direction. Watch for this to get worse (maybe much) before it gets better. Remember, D.C. is about power before it is about policy no matter what the parties claim, and this is a power struggle on steroids.

3. GOING GREEN: The Green Party is doing what the Democratic Party has so far avoided, calling for reconsideration of the votes in three states with superclose results: Wisconsin, Michigan and Pennsylvania. They've been raising money to pay for it amid reports from some computer scientists that some vote results in some places seem a little odd. Here's the thing though: Even if they can get audits or recounts underway fast, there is so far no data available to suggest it would change the outcome. Still, the Greens argue even an inconsequential problem is still a problem and ought to be investigated. Stay tuned.

TOM FOREMAN
Opinion

CNN's Tom Foreman is the author of the book "My Year of Running Dangerously." @tomforemancnn

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Castro's death casts pall over Cuba: Even dissidents hold back

The Cuban government has declared a nine-day period of mourning and suspended alcohol sales and even baseball games.

Cuba's most prominent dissident group called off its weekly protest march for the first time in 13 years on Sunday following the death of its nemesis Fidel Castro, the revolutionary leader whose passing has cast a pall over the island.

Castro, a world figure who built a communist state on the doorstep of the United States and defied half a century of U.S. efforts to topple him, died late on Friday at the age of 90.

The Ladies in White dissident group decided to avoid creating tensions this week.

"We're not going to march today so that the government does not take it as a provocation and so that they can pay their tributes," the group's leader, Berta Soler, said on Sunday. "We respect the mourning of others and will not celebrate the death of any human being."

The group, originally formed in support of husbands jailed for political opposition, has called protest marches in Havana following Mass at a Roman Catholic Church each Sunday for the past 13 years.

It has been the rare expression of dissent to be largely tolerated by the Communist government, although police have clamped down over the past several months, stopping protesters in their homes and preventing the demonstrations from taking place.

The difference this week is that dissidents

GETTY IMAGES

themselves have opted against even trying, three opposition leaders said.

The streets of Havana have been calm since Castro's death, with people expressing national pride by hanging more Cuban flags than normal.

Lysset Perez, a 44-year-old peanut vendor, dressed in the national colors with a single-starred, blue, red and white flag on her head on Sunday.

"It's calm but a little dark, because Cuba is music and for nine days of mourning there will be no music," Perez said. "There is calm and sadness. If it weren't for Fidel and the revolution, the people wouldn't be as they are: educated and cultured."

A towering figure of the 20th century and an icon of the Cold War, Castro had been in poor health since he nearly died of an intestinal illness in 2006. He formally ceded power to his younger brother, Raul, in 2008.

Raul Castro, 85, who had been at his brother's side since they took up arms against a U.S.-backed dictatorship in the 1950s, has not appeared in public or on television since he announced Fidel's death on Friday night in a brief televised statement.

Cuba's allies and foes around the world have marked Castro's death with a mix of tributes and condemnation. REUTERS

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Kanye West plagued with paranoia

A Happy Thanksgiving was not had by all. Unfortunately, Kanye West remained hospitalized at UCLA Medical Center over the holiday weekend and new reports from TMZ suggest that the rapper isn't doing so well. Sources told the media outlet that West has been "paranoid and profoundly depressed" in the week since police were called to his trainer's home last Monday afternoon after he was behaving erratically. West believes that people, including the doctors charged with his care, are out to get him. They added that there was a time when the rapper wouldn't let doctors touch him.

These reports shed some light on comments he made about Jay-Z sending "killers" after him during his Sacramento concert.

In case you're wondering about his famous wife, Kim Kardashian, she bailed on her first public appearance since her October robbery, in order to be with her husband during this time. It's been a rough few months for the duo, but at least they have each other for support.

the word

SESALI BOWEN
sesali.bowen@metro.us

Rosie O'Donnell clarifies statement about Trump's son

ALL PHOTOS GETTY IMAGES

Rosie O'Donnell was blasted online for tweeting a video that questioned whether or not Barron Trump, son of President-elect Donald Trump, is autistic. Although she clearly stated that it was an opportunity to bring attention to the epidemic, many followers thought it was insensitive of O'Donnell, who is vehemently anti-Trump, to focus on his child's potential issues. But according to US Weekly, the former host of "The View" set the record straight, again, in a poem posted on her website.

The 54-year-old says that her 3-year-old daughter Dakota was diagnosed with high functioning autism in September. And although she does not support Trump's pending presidency, she made it clear they could agree on one thing. "One in 55 kids is an epidemic/donald and i agree on that/and not much else," she wrote.

In other words: Her tweet was meant to help, but the cynics blew the whole thing out of proportion. Welcome to the internet.

Amber Heard's new domestic violence PSA

30-year-old Amber Heard is speaking out against domestic violence in a new PSA for gender-conscious media company, Girlgaze. In their very first YouTube video, Heard encourages women to speak out, and shares some personal testimony.

"If a stranger did this, it would be a no brainer," she says in the video. "As a woman having gone through this in the public stage.... I have a unique opportunity to remind other women this doesn't have to be the way it is. You don't have to do it alone, you're not alone. We can change this."

It seems pretty obvious that Heard is referencing her tumultuous relationship with Johnny Depp. Last summer the actress accused Depp of being physically and emotionally violent during their relationship. While Heard signed a non-disclosure agreement that forbids her to talk about Depp as part of their $7 million settlement, this video doesn't leave much to the imagination.

We're glad Heard is using her experience to support others though.

Bella Hadid is ready for her first Victoria's Secret Fashion Show

The Victoria's Secret Fashion Show is one event where the general public is welcomed into the front row and even backstage. And unlike Fashion Week shows where models strut with zero expression, on the the VSFS runway you'll catch lingerie clad models smiling, laughing and even busting a dance move of two.

It's the perfect atmosphere for someone fresh off of a breakup, like Bella Hadid. Gigi's little sister will be crossing a huge industry milestone by walking in the VSFS for the first time, this year. She joined dozens of other supermodels on Sunday, including Kendall Jenner and Joan Smalls, as they posed for pics in matching pink t-shirts to promote the event.

That's one way to make The Weeknd, Bella's ex, kick himself.

INSTAGRAM/@ BELLAHADID

Axl Rose settles lawsuit with roadie

Legendary Guns N' Roses frontman, Axl Rose, has finally settled a lawsuit brought against him by his longtime roadie, Chris Pitman. TMZ reported that Pitman — who was an engineer for the band during their up-and-coming years — accepted a promissory note from Rose, who claimed to be facing financial hardships in 2011, for $125,000 to be paid by 2012.

Four years after the deadline came and went, without a word or a penny from his former employer, Pitman filed a lawsuit for $163,000 — the amount owed plus interest. He chose the right time, too. Guns N' Roses has reportedly already grossed over $110 million for their ongoing reunion tour. TMZ is now reporting that Axl has settled the suit for an undisclosed amount.

And that concludes this chapter of "Debt, Drugs, and Rock & Roll."

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Isabelle Huppert swears she's funny

In Paul Verhoeven's "Elle," now in theaters, Isabelle Huppert plays a woman trying to deal with the aftermath of a sexual assault. SONY PICTURES CLASSICS

The legendary French actress talks about seeing the complexity in Paul Verhoeven's "Elle."

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The inimitable Isabelle Huppert has appeared in some of the best, most daring films of the last four decades. She's been nominated for 15 Cesar Awards, and is one of only four women to win Best Actress at Cannes twice. She has two films out this winter: Paul Verhoeven's "Elle," now in theaters, and Mia Hansen-Love's "Things to Come," coming in December. Both have garnered the actress even more acclaim. We talk to Huppert, 63, about "Elle," in which she plays a woman who's been sexually assaulted by a masked stranger but doesn't react to it in the ways you'd expect.

You've called "Elle" a "postfeminist" film, but when someone asked Paul Verhoeven if "Elle" is "feminist," he said, tersely, "No."

As a joke, we said that. She's a woman of power and doesn't want to be

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a victim, doesn't want to be the caricature of the female avenger in movies. She's beyond feminism, and all definitions. So she's "postfeminist," a new prototype of woman in opposition to a world of very mediocre men — very weak men.

You've also said that there is no correct or incorrect interpretation of a film.

Yes, there is no right and there is no wrong, by definition. You can only respond to whatever is being questioned in the film. A friend came up to me after seeing "Elle," and she loved it and she said what was striking for her was that she found the film touching and warm. That's not what you'd expect, for that film to be "touching," but maybe that's not far from what I think, in the sense that no matter what she goes through, very ironically, that the film is also a comedy — a black comedy, a human comedy. There's something very existential in her quest, in her story, in that character, that makes it quite touching at the end.

GETTY IMAGES

"Elle" is a funny movie, and Paul Verhoeven is funny. "The Piano Teacher," one of your films, is not funny, but you've said the director, Michael Haneke is very funny, too. I have a hard time believing that.

I think most very smart people have a sense of humor. Smart people are funny people. I mean, "The Piano Teacher" isn't exactly a comedy, but I think it still has its hints of humor. It has a great sense of irony, like "Elle," that keeps you from being too psychological, too sentimental.

Are you a funny person?

I have a great sense of humor, yes. I don't know what you would call it — a capacity, a will to always step-side and always see the irony of any angle of a situation. I think most things are very funny. In the Christmas diner scene [in "Elle"], [a character] puts his hand on mine, and I go, "Oooh, ahh, it's so early, ha ha..." We haven't even started eating yet and the guy is already grabbing my hand and starting to be flirtatious with me, instead of, you know, going about it. It's just, "Oooh, ha ha, why not?"

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A very, very big year

Chloe x Halle have the blessing of Beyonce, Michelle Obama and the fuzzy embrace of Build-A-Bear.

RACHEL RACZKA
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Chloe x Halle are currently on the road opening for Grammy-nominated retro soul star, Andra Day. MAX PAPENDIECK

When Beyonce and Michelle Obama give you their seals of approval, you'd better believe you're destined for success. Atlanta-born sisters Chloe and Halle Bailey — known as Chloe x Halle — first snagged a taste of the Beyhive after their cover of "Pretty Hurts" caught the eye of Yonce herself. Next thing they knew, they were signed with a $1 million contract with her label, Parkwood Entertainment.

Since then, Beyonce's continued to put her stamp of approval on the teen sisters (Halle is 16, Chloe, 18), putting them front and center in her superstar "Lemonade" squad with Serena Williams and Zendaya before bringing them to open the European leg of her Formation Tour.

Meanwhile, the sisters frequented the White House at the personal invitation of FLOTUS herself, whom they met after opening for her keynote speech at SXSW.

"Telling you now, I can't believe all of that happened in one year," Chloe breathlessly giggles when asked to list her favorite moments from 2016."[With the Formation Tour], if we didn't get to see clips or if we didn't have footage of it, we would have never believed we did that."

Currently, the sisters are in New York, where they'll have another iconic memory to add to the list: singing in the Macy's Thanksgiving parade on top of the Build-A-Bear float. ("We're super-duper excited," adds Chloe.) They'll be singing "Drop," the self-written/produced single off their EP, "Sugar Symphony," another milestone achieved in April. The six-track debut weaves angelic and alternative, shunning traditional pop song structures and echoing both the commanding grace of Beyonce and the refreshing, earnest introspection of Lorde. Plus, they remind us, a full LP is on the way. ("It's coming together — these songs are our babies," says Halle.)

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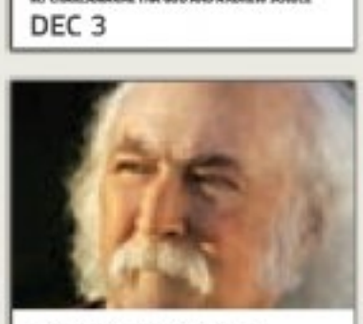
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Chloe and Halle stop to chat about their huge year, their current tour with Grammy nom Andra Day and the misconception behind "Drop."

Let's talk about Andra Day — who is amazing — and sounds like a fun tour to be a part of.

Halle: It's been so amazing. Andra is literally the best person on earth. It's been so, so different from Formation because it's more of an intimate crowd. It's cool because we get to see new faces and meet new people.

Do you feel like you've been learning a lot this year, from being on tour with artists like Andra and Beyonce?

Chloe: Absolutely, we've been learning so much. The qualities that Beyonce and Andra bring — they just always give it their all. They're so inspiring to us. We're always learning new tricks, and getting faster and more experienced with setting up our equipment and stuff.

Can we discuss "Drop" for a bit? I've been under the impression, from what I've read, that this was one of your earlier songs that you brought out and reworked for the album, is that accurate?

Chloe: We created this in late 2014. Halle and I had this word in our notes that said "drop" again and again, but we didn't know what to do with it. One day, we were like, "OK, well, what drops?" I made some wavs on my keyboard in our living room and it formed like magic. We love when music comes together like that — not forced. Everyone thinks we're talking about a lover [in the song], but it's actually about a song. It's a love-hate relationship with a song you can't get out of your head.

What song you can't get out of your head now?

Halle: Rae Sremmurd's "Black Beatles," for sure.

You've had a lot of involvement in the production and beat-making process from the beginning — is this very important to you?

Chloe: Being little girls, we didn't have producers. We just picked it up ourselves and that helped our songwriting. Even when we were doing the covers [for YouTube], we were making the music behind the scenes. It's important for us to be involved and have a hand in the craft. We want to be rooted in the writing and vocal production. Plus, we have fun with it, so it's not like, "Oh, we have to know." It's because we want to.

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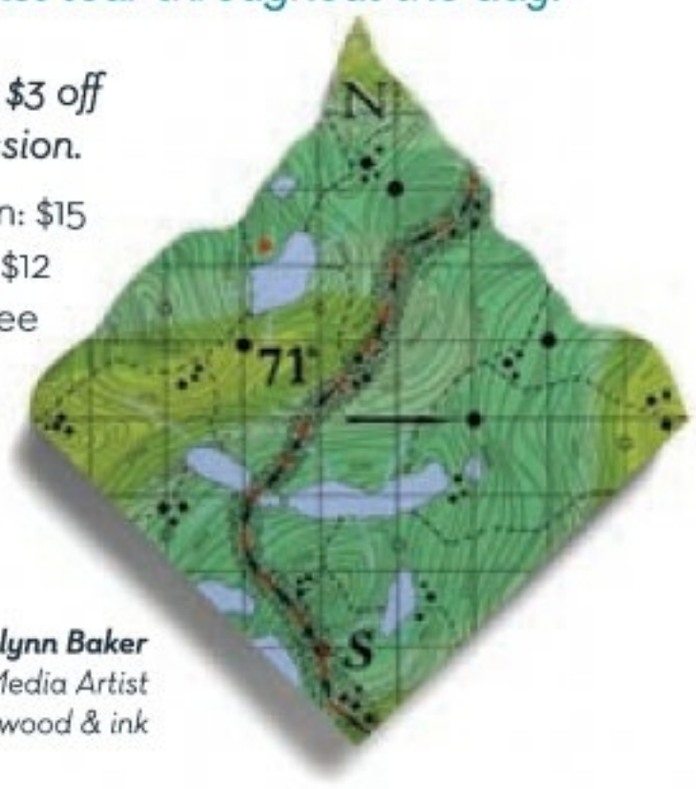

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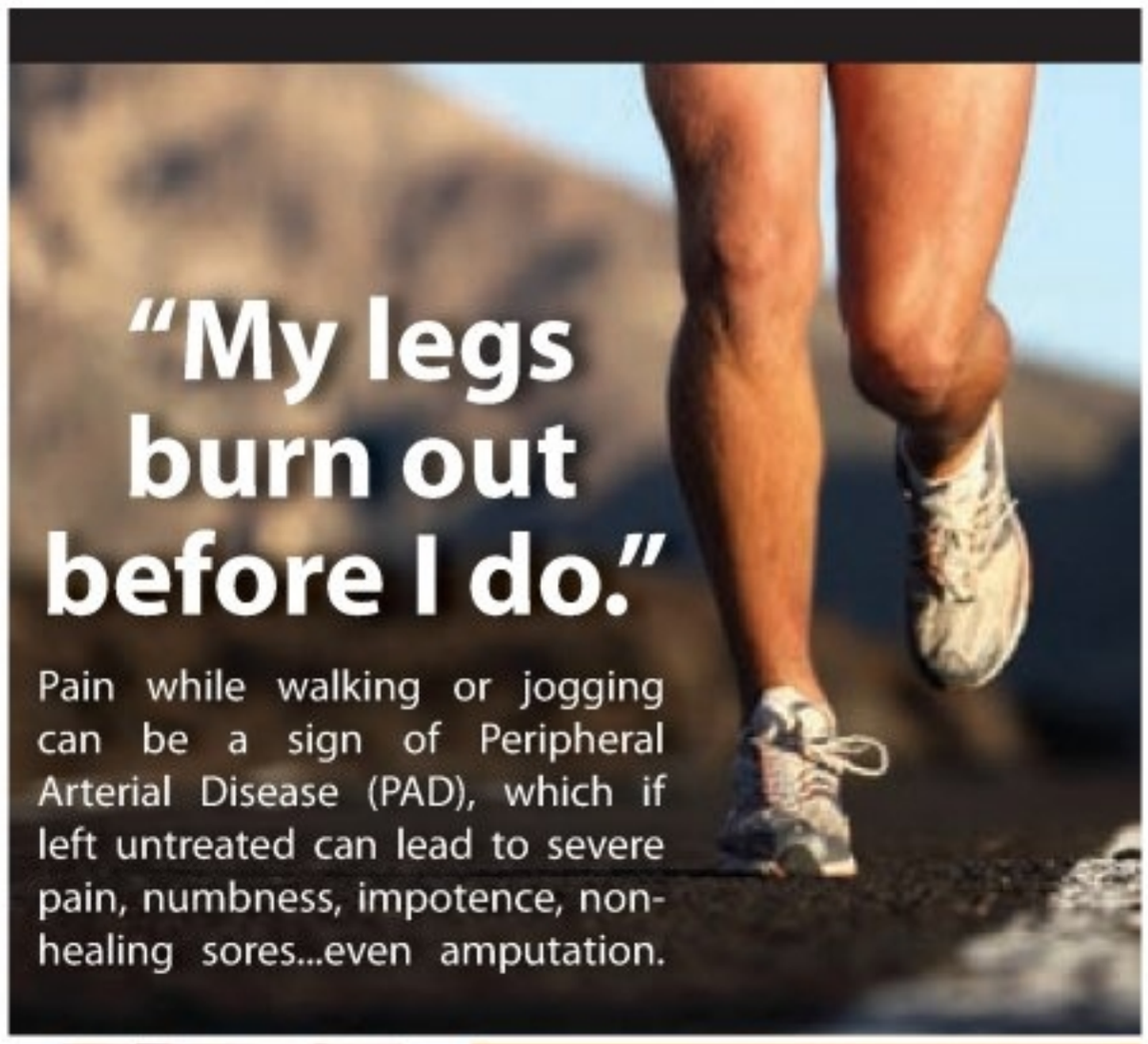
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How to shop for Cyber Monday deals

All the trips, tricks and trends you need to know.

SHARON FEIEREISEN
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We already know the long weekend from Thanksgiving to Cyber Monday is the most popular time for holiday shopping, but it might surprise you just how popular — a whopping 50 percent of consumers plan to spend part of their celebration shopping, according to the shopping and savings site RetailMeNot.

"Low price is the top priority for 83 percent of shoppers, followed by the lure of deals and promotions," says Sara Skirboll, RetailMeNot's shopping and trends expert.

Last year on Cyber Monday, PayPal processed $25,000 in payment volume and 450 payments per second and, based on its research, digital spending is expected to grow even more this year.

What can you do to score the best deals?

For starters, Skirboll suggests following all your favorite retailers on social media and signing up for their newsletters. "They sometimes will post special sales and offers exclusively for their followers," she says.

Another trick, she says, is this two-step approach: Purchase a discounted gift card for the retailer you plan to shop with to score an instant average savings of 10% or more. Then, combine the gift card with a promo code or digital rebate at checkout.

You'll also want to check out sites like CouponSherpa.com, which have a page dedicated to Cyber Monday coupons.

As far as what to shop for, according to RetailMeNot's data, this year computer/electronics will be on average 48 percent off; clothing, 40 percent off; books, 33 percent off, and homewares, 31 percent off.

While you're shopping, remember that the early bird catches the worm.

"Early morning sales last for a limited time due to a lower stock of inventory," says Skirboll. "Start your shopping in the early morning if you're looking for the best deals on specific items."

It's worth noting that some retailers will have flash sales at select hours throughout the day.

As for the most-trending items, in the electronics category, Skirboll names virtual-reality devices like the Oculus Rift and HTC Vive and fitness apps like the Fitbit or Apple Watch.

Tamara Gaffney, the principal analyst for Adobe Digital Insights, projects Pokémon, Barbie, Lego, Hot Wheels and "Frozen" toys as desired gift items this year, as well as wireless speakers like Google Home and Amazon Echo.

Another key tip to remember: Plan ahead.

"Shopping without a list or strategy often results in a devastating blow to your budget," says money-saving expert Andrea Woroch. "It's easy to lose track of your spending as you see listings for sales."

In addition to shopping with a list, she suggests scoping out deals Sunday to figure out what you want to buy, then loading your cart and saving your shipping and payment information at the retailer's website for quick checkout.

"This ensures you don't miss out on any deals that are limited inventory and allows you to shop faster during your lunch break while at work on Cyber Monday," she says.

Traveling on Cyber Monday? Don't worry; there will be more deals to come. Mark Dec. 16 on your calendar — that's Free Shipping Day, when more than 2,000 online retailers offer free shipping with guaranteed delivery by the holidays plus additional savings like 20% off, says Woroch.

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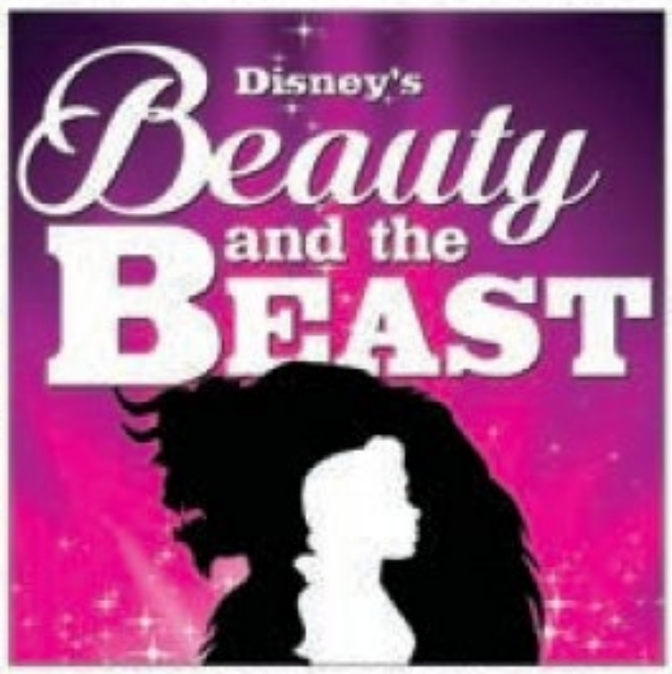

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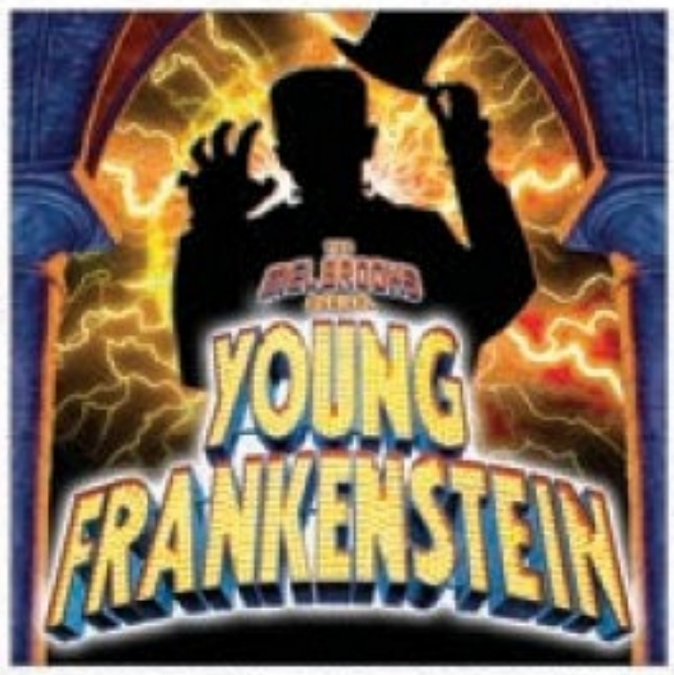

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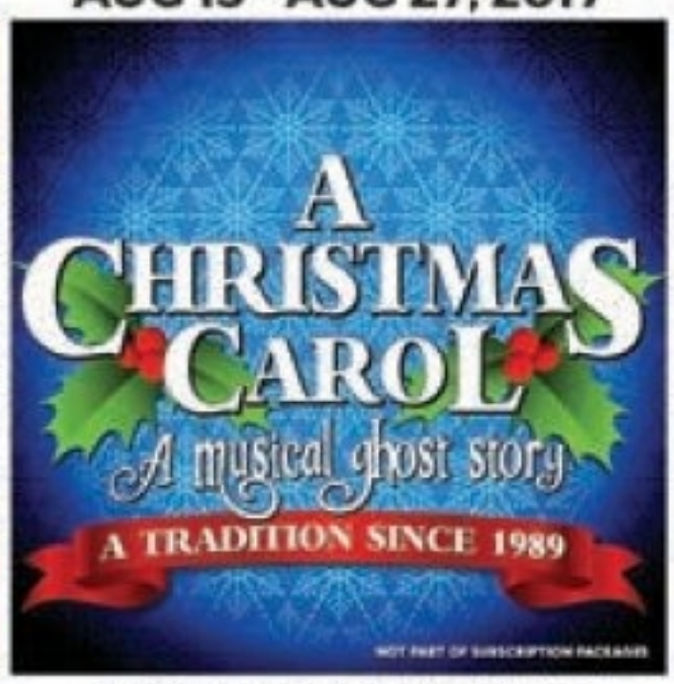

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And why being bored is actually good for you.

SARA FEINSTEIN
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When it comes to our relationship with our devices — we are slaves. Their glowing screens and flashing alerts are so incredibly tempting, and whether or not we'd like to admit it, they're our kryptonite.

Thankfully, the solution is not to divorce ourselves from technology altogether, explains Adam Gazzaley, a professor in the departments of neurology, physiology, and psychiatry at the University of California and author of a book about our behavior in a high-tech culture,"The Distracted Mind."

"We just need to learn how to take control and manage it better," he says.

With that in mind, Gazzaley walked us through a series of tips for staying on task amid the chaos of a digital-distraction-filled world.

Change expectations

One of the main challenges that comes with the ubiquity of technology is the expectation that people be available 24/7. The goal then, explains Gazzaley, is to rewrite the expectations. "With people that contact you, let them know that if they don't hear back from a text or email immediately, it's OK," says Gazzaley. The same goes for the workplace. Whether it's informing coworkers that you won't be responding to emails on the commute home or the more blatant, "putting up a cone of silence," essentially, a do not disturb sign, the main goal is to clearly define your availability.

Mini breaks

While concentrating on a task for an extended period of time can be difficult, mapping out a series of breaks can make the task more manageable, says Gazzaley. "But that doesn't necessarily mean checking your email or social media," he explains. "Reverting back to technology could lead to a recursive cycle of getting pulled further and further away from your goals." Instead, rather than going down the Facebook hole, he suggests an outdoor walk, light exercise or perhaps the most beneficial: meditation. Not only do meditative techniques help improve sustained attention, explains Gazzaley, "they also help you learn how to recognize when you are internally being distracted, and then return your attention back to your goals."

Out of sight helps

"The fact that technology is always right there, and that it can ping you, without you even asking for it, is really a lot for us to deal with," says Gazzaley. To avoid getting sucked in by these alerts, he suggests diminishing your access to technology. "This means shutting down your email program — not just minimizing it, keeping your desk clear of distractions, even turning your phone to airplane mode," explains Gazzaley. "If you have an issue with texting and driving," he adds, "put your phone in the trunk when you drive."

Learn when to multitask

It's important to know when is an appropriate time to multitask, and when isn't explains Gazzaley. "If you're doing something that requires a very high quality, something that represents you, something that has a time pressure on it — that's not the time," he says. In fact, while we often claim to be "multitasking," the truth is we're never actually performing two tasks simultaneously, says the professor. Instead, we're rapidly switching from one task to another, which ultimately causes a performance reduction. So when can you multitask? "When you're doing something where the impact is low and the quality demands are not so high," says Gazzaley. "In that case, by all means, multitask away across your media because it's a fun way to engage with technology."

Give boredom a chance

It's happened to all of us. You shut down all of your tabs and try to focus on one thing, and suddenly, you begin to feel unstimulated. "Part of my message is: It's OK to be bored," says Gazzaley. "We have to learn to accept a little bit of boredom, get used to it, and learn that with sustained attention you can push through and find another type of satisfaction on the other end." More important, these moments of boredom are actually beneficial and can give way to creativity and reflection, explains Gazzaley. So next time, try to not automatically pull your phone out while waiting on line, and instead allow yourself to contemplate some ideas. "There's a lot of value that we could be missing in these moments," Gazzaley says.

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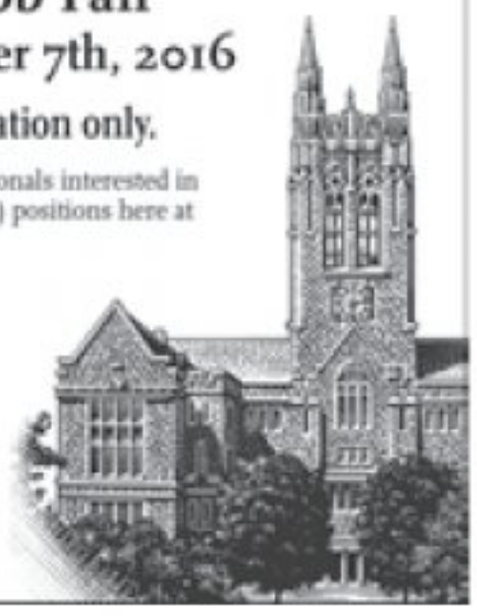

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The benefits of workplace gratitude

Showing thanks affects workplace culture more than you'd think.

SARA FEINSTEIN
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A happy office is a productive office. ISTOCK

Your family isn't the only one deserving of thanks this holiday — employees deserve some appreciation, too.

Not only has research linked gratitude to increased job satisfaction, but employers who show appreciation are also likely to create more productive employees. Even better, this form of widespread appreciation tends to easily spread across the office, creating a ripple effect of kindness.

But it needs to be done in an authentic way, says psychotherapist Amy Morin in her recent Forbes article. A holiday mug inscribed with an impersonal "we appreciate you," isn't going to do much, she explains. If anything, it's likely to be met with an eye roll.

So what's the best way to give thanks? Morin says in the article, it needs to be specific. Something like: "Thank you Kyle for always getting the room set up for our meetings." In the end, she writes, "That simple 'thank you' can go a long way to improving your company's culture."

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Patriots hang on to beat Jets in ugly affair

The Pats moved to 9-2 on the season despite an underwhelming effort in New Jersey.

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Tom Brady came alive in the fourth quarter against the Jets on Sunday. GETTY IMAGES

The Patriots' trip to New Jersey was far from a cakewalk as New England struggled to find any offensive momentum until the very end of the ball game Sunday at the Meadowlands. A late fourth-quarter touchdown drive, highlighted by a converted fourth-and-4 at the Jets' 37-yard line, allowed the Pats to grab a 22-17 victory. New England is now 8-2 on the season.

Tom Brady hit James White to pick up the key fourth down play and the Pats' QB found Malcolm Mitchell for an eight-yard TD play moments later. Chris Long saved the Pats defensively as he stripped Jets QB Ryan Fitzpatrick with under two minutes remaining, allowing Trey Flowers to pounce on it at the Jets' 31-yard line. The fumble recovery clinched the victory for the Pats.

The Jets led after one quarter, 3-0, and the game was tied at 10 at the half. New York's Brandon Marshall found the end zone to start the second quarter on a one-yard TD throw from Fitzpatrick. The Jets went 79 yards on the drive.

The Patriots answered in the second with a 28-yard field goal by Stephen Gostkowski and a Tom Brady touchdown throw to Mitchell. The TD came after Brady dropped the ball momentarily in shotgun formation but the future Hall-of-Famer had enough poise to pick the ball up and find Mitchell in the corner of the end zone.

Mitchell was quite busy on the day as he was targeted seven times. He finished the day with 42 yards receiving on five catches and scored twice. In the second quarter, he was interfered with by the Jets secondary on a double pass by Chris Hogan that set up the Pats at the Jets' 8-yard line. He also nearly came up with a diving TD grab in the fourth quarter but the Pats again wound up settling for a field goal.

The much maligned Fitzpatrick, who had five TD passes and was picked off zero times against the Pats last season, again had success against the New England defense. His best throw of the game was on a corner fade to Quincy Enunwa, who went up and beat Pats cornerback Malcolm Butler, to score a go-ahead Jets touchdown with 10:26 left in the fourth quarter. The score put the Jets up, 17-13, before Brady orchestrated another late game-winning drive.

The win was the 200th of Brady's career and he tied Peyton Manning for most by a QB all-time.

Up next

- Sunday, Dec. 4: Rams at Patriots
- Monday, Dec. 12: Ravens at Patriots
- Sunday, Dec. 18: Patriots at Broncos
- Sunday, Dec. 24: Jets at Patriots
- Sunday, Jan. 1: Patriots at Dolphins

Falcons and Chargers impress; Bills and Dolphins stay hot

A look around the NFL in Week 12:

Miami 31, San Fran 24
Ndamukong Suh tackled Colin Kaepernick (29-for-46, 296 yards, 3 TDs, INT, 113 rushing yards) two yards short of the goal line as time expired to conclude a 60-yard drive that came up just short. A sideline reception on an overturned ball gave the 49ers (1-10) a first down at the Dolphins six-yard line with five seconds to go, but San Francisco couldn't get into the end zone to capture their first win since week 1. It's a different story in Miami, where the Dolphins (7-4) won their sixth straight game.

Atlanta 38, Arizona 19
The Falcons (7-4) and Cardinals (4-6-1) traded scores for a half before Atlanta pulled away in the second, outscoring Arizona 21-6 after the break. David Johnson had 103 receiving yards and 58 rushing on just 13 carries in the loss. Bruce Arians, hospitalized earlier in the week, was at the game to coach Arizona. The Cardinals remain in second place in the NFC West despite winning just one of their last five.

Baltimore 19, Cincy 14
The Ravens (6-5) took an intentional safety to end the game after Elvis Dumervil strip-sacked Andy Dalton (26-for-48, 283 yards, TD) with the Bengals (3-7-1) threatening. The only touchdowns of the game came courtesy of Breshad Perriman and Tyler Eifert. Eifert's score got the Bengals back into the game after three 50-plus yard Justin Tucker field goals had given Baltimore a 16-3 lead. Getting back into the win column keeps the Ravens atop the AFC North, in a tie with Pittsburgh.

Mohamed Sanu and the Falcons dumped Arizona on Sunday. GETTY IMAGES

New Orleans 49, LA 21
What looked like a promising shootout early ended in disparity, as New Orleans (5-6) scored 42 of this game's final 49 points.

Buffalo 28, Jax 21
LeSean McCoy put a slow start to bed with a 75-yard touchdown run that gave the Bills a 14-7 lead. Sammy Watkins had three catches for 80 yards in the receiver's first game action since Week 2.

San Diego 21, Houston 13
One game after turning the ball over four times in a loss to the Dolphins, it was the Chargers (5-6) who reaped the benefits of four takeaways. Philip Rivers' (22-for-30, 242 yards, 3 TDs, INT) three touchdowns paved the way to a 21-10 lead for the Chargers, and after recovering an onside kick with 14 seconds left, Houston still came up short. It's the second straight home loss for the Texans (6-5).

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MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Peter J. Riley and Lorraine D. Riley to Argent Mortgage Company, LLC, dated March 17, 2006 and recorded with the Suffolk County Registry of Deeds at Book 39243, Page 317, subsequently assigned to Deutsche Bank National Trust Company, as trustee in trust for the Registered Holders of Argent Securities Inc. 2006-W5, Asset-backed pass-through Certificates, Series 2006-W5 by Argent Mortgage Company, LLC by assignment recorded in said Registry of Deeds at Book 44970, Page 112, subsequently assigned to Deutsche Bank National Trust Company, as Trustee for Argent Securities INC., Asset-Backed Pass-Through Certificates, Series 2006-W5 by Argent Mortgage Company, L.L.C. by assignment recorded in said Registry of Deeds at Book 54700, Page 51; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 12:00 PM on December 5, 2016 at 5 Vassar Street, Boston (Dorchester), MA, all and singular the premises described in said Mortgage, to wit:

The land in that part of Boston, Suffolk County, Massachusetts called Dorchester; being lot nineteen (No. 19) on plan by John H. Rice dated April 14, 1915, recorded with Suffolk Deeds, Book 3878, Page 261, bounded SOUTHEASTERLY: by Vassar Street, forty feet; NORTHEASTERLY: by lots twenty and twenty one (No. 20, No. 21) on said plan eighty six and 48/100 (86.48) feet; NORTHWESTERLY: by land of owners unknown forty feet; SOUTHWESTERLY: by lot eighteen (No. 18) on said plan eighty six and 82/100 (86.82) feet. Said lot 19 contains 3,466 square feet of land, more or less. For title see Book 20995, page 186.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS ($5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

Deutsche Bank National Trust Company, as Trustee for Argent Securities Inc., Asset-Backed Pass-Through Certificates, Series 2006-W5

Present Holder of said Mortgage,
By its Attorneys,
ORLANS MORAN PLLC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
15-008526

November 14, 2016, November 21, 2016 and November 28, 2016

NOTICE OF PETITION FOR CHANGE OF NAME

Docket No. SU16C0489CA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court

In the matter of: **Ricky Reonchaidee**
Of: **Boston, MA**

To all persons interested in petition described: A petition has been presented by Ricky Reonchaidee requesting that: Ricky Reonchaidee be allowed to change his/her/their name as follows: Papoj Aksharanugraha

Suffolk Probate and Family Court
24 New Chardon Street
Boston, MA 02114
(617) 788-8300

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Boston** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00 AM) ON: **12/15/2016**

WITNESS, Hon. Joan P Armstrong, First Justice of this Court.

Date: November 15, 2016

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MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Jacqueline Watson-Offutt to New Century Mortgage Corporation, dated January 30, 2006 and recorded with the Suffolk County Registry of Deeds at Book 38947, Page 114, subsequently assigned to Wells Fargo Bank, NA by New Century Mortgage Corporation, by assignment recorded at Suffolk County Registry of Deeds in Book 44778, Page 120, subsequently assigned to US Bank National Association, as Trustee for the Structured Asset Investment Loan Trust, 2006-4 by Wells Fargo Bank, NA, by assignment recorded at Suffolk County Registry of Deeds in Book 44778, Page 122, subsequently assigned to U.S. Bank National Association, as Trustee for Structured Asset Investment Loan Trust Mortgage Pass-Through Certificates, Series 2006-4 by US Bank National Association, as Trustee for the Structured Asset Investment Loan Trust, 2006-4, by assignment recorded at Suffolk County Registry of Deeds in Book 55784, Page 249, of which the Mortgage the undersigned is the present holder, for breach of the conditions of said Mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 01:00 PM on December 5, 2016 at 45 Temple Street, Unit 45 B, Boston (Dorchester), MA, all and singular the premises described in said Mortgage,

TO WIT:

Unit No. 45 B of The 45 Temple Street Condominium created by Master Deed dated 23rd day of November 2005 and recorded in the Suffolk County Registry of Deeds in Book 38752, Page 1, and shown on a plan recorded in said Registry of Deeds therewith. The post office address of the unit is 45B Temple Street, Boston, Massachusetts, 02126. The unit is shown on a plan recorded with the first deed of this unit, to which is affixed a verified statement in the form provided by G.L.c. 183A, s. 9, and is conveyed subject to and with the benefits of the obligation, restrictions, rights and facilities as contained in G.L.c. 183A, the Master Deed, the documents establishing the organization of unit owners and the By-Laws as amended of record. Each of the units in the Condominium is intended for residential purposes and such other uses as are set forth in the Master Deed. The undivided percentage interest of the unit in the common areas and facilities is 50%. Meaning and intending to describe same premises conveyed by deed recorded immediately prior hereto.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorneys fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS ($5,000.00) in the form of a certified check, bank treasurer's check, or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

US Bank National Association,
as Trustee for Structured Asset Investment Loan Trust Mortgage Pass-Through Certificates, Series 2006-4
Present Holder of said Mortgage,
By its Attorneys,
Orlans Moran PLLC
P.O. Box 540540
Waltham, MA 02454 • Phone: 781-790-7800

November 14, 2016, November 21, 2016 and November 28, 2016

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage from Gerard Millette and Rita M. Millette to Mortgage Electronic Registration Systems, Inc., as nominee for Countrywide Home Loans, Inc., its successors and assigns, dated July 26, 2007 and recorded with the Suffolk County Registry of Deeds at Book 42260, Page 255, subsequently assigned to BAC Home Loans servicing, LP by Mortgage Electronic Registration Systems, Inc., by assignment recorded in said Registry of Deeds in Book 46477, Page 256, subsequently assigned to Federal National Mortgage Association by Bank of America, N.A., by assignment recorded in said Registry of Deeds in Book 50362, Page 244, subsequently assigned to Wilmington Savings Fund Society, FSB, D/B/A Christiana Trust, not individually but as Trustee for Carlsbad Funding Mortgage Trust by Federal National Mortgage Association, by assignment recorded in said Registry of Deeds in Book 56606, Page 29; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 10:00 AM on December 12, 2016 at 25 Walton Street, Boston (Dorchester Center), MA, all and singular the premises described in said Mortgage,

TO WIT:

Gerard Millette and Rita M. Millette, husband and wife, as tenants by the entirety, of Suffolk County, Boston Ma, The property known as 25 Walton Street, Boston, Ma, 02124, Suffolk County, Being Lot B on a plan by John H. Rice, dated December 29, 1894, recorded with Suffolk Deeds, Book 2290, Page 83, bounded and described as follows: NORTHERLY and NORHTWESTERLY by Walton Street, forty-one and three hundredths (41.03) feet; NORTHEASTERLY by land now or formerly of Mary S. Andrews, one hundred five and sixty-seven hundredths (105.67) feet; SOUTHERLY by Lot A on said plan, sixty-nine and seventy-eight hundredths (69.78) feet; WESTERLY by Lot C on said plan, one hundred (100) feet. Containing five thousand five hundred fifty-nine (5,559) square feet, more or less. Subject to and with the benefit of all rights, rights of way, easements, appurtenances, reservations, restrictions and layouts and taking of record, insofar as they are in force and applicable. For title reference see Deed dated 07/09/2004 from Rita M. Millette to Gerard Millette and Rita M. Millette recorded with the Suffolk County Registry of Deeds in Book 34987 at Page 241.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS ($5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

Wilmington Savings Fund Society, FSB,
D/B/A Christiana Trust, not individually but as Trustee for Carlsbad Funding Mortgage Trust
Present Holder of said Mortgage,
By its Attorneys,
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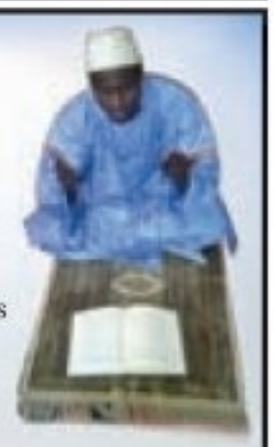

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hard

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metro.us/horoscopes

Aries You must keep secrets to yourself in order to avoid discord. Unsettled situations will escalate if you don't put out any fire that's smoldering.

Taurus Share your concerns. A unique approach to an old idea may solve a problem initially, but in the long term it isn't likely to put you in a favorable position.

Gemini Keep your eye on a position that interests you. Take a different approach to getting what you want. Listen carefully before you agree with someone's words.

Cancer A trip will be enlightening. Sharing your thoughts and feelings will break down barriers that have held you back in the past. Romance is highlighted.

Leo An emotional issue is best dealt with in an unorthodox way. Not everyone will like your decision, but you have to do what's best for yourself. Make your move.

Virgo Make changes to your residence or remove yourself from a situation that isn't in your best interest. Take charge of your life and take care of your health.

Libra Ponder what's available to you and whom you want to collaborate with. Make decisions rather than accept what someone else wants you to do.

Scorpio Back away if someone tries to pry into your affairs. Offering minimal information will help you avoid an unstable situation and dispute.

Sagittarius You need to take charge if things aren't going your way. You are responsible for your life and happiness. Backing down will not get you where you want to go.

Capricorn Avoid being predictable. Taking a unique approach to a project or how you deal with others will give you the edge you need to stay on top.

Aquarius Good fortune will depend on common sense. Listen to your inner voice. Don't disparage an idea until you take a closer look and determine its merit.

Pisces Creative accounting will help you avoid a hefty penalty. Don't share personal information. Help a cause if you believe in it. EUGENIA LAST

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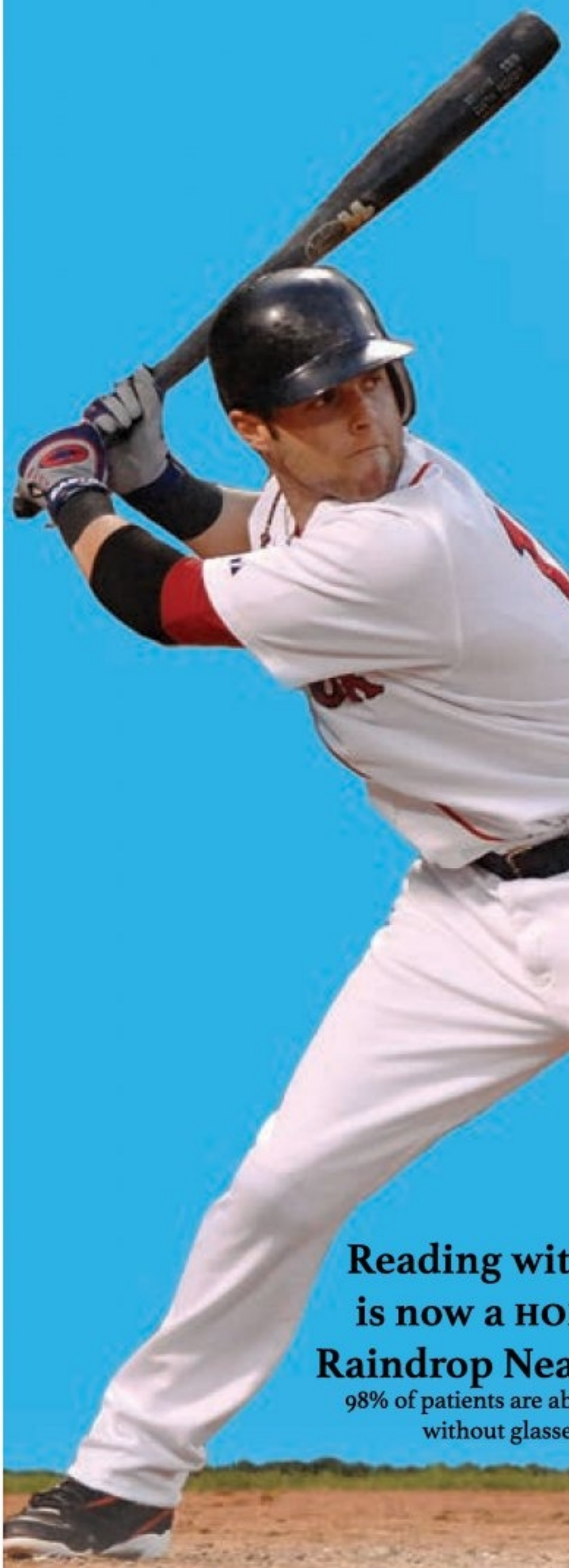

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